

GETTING THE LOVE YOU WANT

A couples workshop featuring interactive educational sessions and exercises designed to foster safe communication, deepen empathy, and strengthen mutual understanding.

WEEKEND WORKSHOPS | \$899 PER COUPLE

Call our office at (619) 275-2286 for more information and to register.

**EXPLORE
COMMUNICATION
PATTERNS**

REIGNITE INTIMACY

**IMPROVE CONFLICT
RESOLUTION SKILLS**

**PAVE THE WAY TO A
FULFILLING AND
LASTING PARTNERSHIP**