

# Imago Relationship Therapy

Based on the best-selling book “Getting the Love You Want,” by Harville Hendrix, Ph.D., Imago Relationship Therapy helps couples explore, understand, and appreciate each other’s differences in a safe environment to create a deeper and more loving connection.

*Imago Relationship Therapy is for couples of all marital statuses and genders looking to:*

- Nurture a good start in a new relationship •
  - Enrich an already good relationship •
    - Work through difficulties •
    - Resolve long-standing conflicts •
    - Repair trust in the relationship •
- Decide about continuing the relationship •



Imago Therapy has been scientifically shown to improve intimacy and reduce conflict. In Imago, there’s no blame, shame, or criticism. Instead, stronger connection comes from simple and respectful communication techniques that help you feel connected, supported, and loved.

**To schedule an initial appointment, please call (619) 275-2286**



For more information, please visit our website at [TherapyChanges.com](http://TherapyChanges.com)