

Step 2: Identify Your *Mental Health* Insurance Carrier

Your insurance card will display the name of your medical insurance company. However, your *Mental Health* coverage may be contracted through a different company. This is called a "carve-out."

• In the Sample A below, mental health benefits are contracted through Cigna:

Customer Service: 1-844-337-3700 cripps Card Issue Date: 01/01/16 Scripps Health Plan HMO mber Name: Plan Code: Group #: Plan Medical Group Member ID SCRIPPS CLINIC MED GRP Primary Care Physician: Dependent Name. Telephone Days/After Hours: Group Name 1-858-605-7966 SCRIPPS EMPLOYEE HEALTH HSP RX UC ER Copayments: PCP SPC \$10/\$35/\$55 \$200 \$250 \$40 \$20 \$25 PPO Dental Customer Service: HealthComp 1-877-552-7247 www.myscrippshealthplan.com Dental Network: Anthem Blue Cross PPO Individual Dental Deductible: \$50 (Weived for Diagnostic & Preventive Services) Vision: MESVision 1-800-877-6372 www.MESVision.com

Sample A: Front of Card:

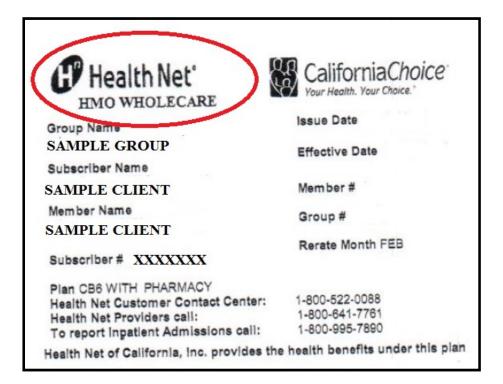
Sample A: Back of Card:





• In Sample B below, mental health benefits are covered through **MHN**:

Sample B: Front of Card:



Sample B: Back of Card:

