

HAIM SHEMER, PSY.D

Licensed Clinical Psychologist - PSY 24250

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EDUCATION

Psy.D, Clinical Psychology CSPP at Alliant International University, San Diego, CA	2010
M.A., Clinical Psychology- Summa cum Laude Roosevelt University, <i>Chicago, IL</i>	2006
B.A., Psychology- Cum Laude Fairleigh Dickinson University, <i>Teaneck, NJ</i>	2001

PROFESSIONAL EXPERIENCE

Clinical Psychologist, Private Practice <i>Therapy Changes, San Diego, CA</i> Provide strength-based therapeutic services to individuals in a multispecialty group practice using a Cognitive Behavioral Therapy (CBT) framework. Utilize a solution-focused approach when working with clients focusing specifically on sleep restoration.	2018 - Present
Contract Psychologist- Matrix providers <i>Naval Medical Center San Diego, Eastlake, CA</i> Work as an Internal Behavioral health Consultant (IBHC) at a branch clinic of NMCS D. Work with Navy dependents and retirees and their medical staff regarding specific medical, emotional, as well as behavioral concerns family members and retirees experience while in service and during retirement.	2015 – Present
Contract Psychologist- PPDG <i>Naval Hospital Camp Pendleton, Camp Pendleton, CA</i> Worked as an Internal Behavioral Health Consultant (IBHC) at an extension clinic of NHCP. Worked with active duty Marines and their medical staff regarding specific medical, emotional, and behavior concerns Marines experience while in service.	2013 – 2015
Contract Psychologist- CTC Mental Health Unit <i>R.J Donovan State Prison, San Diego, CA</i> Served as a staff psychologist in the CTC- Mental Health unit. Part of a treatment team responsible for assessment, observation, evaluation, and treatment of inmates in mental health crisis; e.g. suicidal, homicidal, severely depressed or anxious individuals in need for stabilization and return to pre-crisis level of functioning.	2011 - 2013

- Registered Psychologist/ Post-Doctoral Fellow** **2010 - 2011**
Children's Hospital- Chadwick Center, San Diego, CA
Provided individual, conjoint and family psychotherapy to children, adolescents and adults who have experienced significant emotional trauma due to physical abuse, sexual abuse/rape, murder and domestic violence. In addition provided psychological testing. Took part in a new emerging 0-5 program called Kid Start that operates within the Chadwick Center.
- Psychology Intern II** **2009 - 2010**
Children's Hospital- Chadwick Center, San Diego, CA
Conducted individual sessions on a long-term basis with children ranging from ages 3 to 18 (TF-CBT Model). Conducted psychological evaluations of children and parents for the purpose of diagnosis and prognosis. Conducted intake assessments of children who were abused (sexual, physical, neglect).
- Psychology Intern I** **2008 - 2009**
Juvenile Forensic Services, San Diego, CA
Conducted individual sessions, both short-term and long-term with minors at JH. Provided crisis intervention to minors at risk for harm to self or others. Conducted psychological evaluations of minors for the purpose of diagnosis and prognosis. Conducted intake assessments of minors who were referred to the crisis team by a court-order. Collaboratively worked with psychiatrists, psychologists, and nurses on treatment planning.
- Treatment Coordinator** **2007 - 2008**
Alvarado Parkway Institute, San Diego, CA
Conducted individual sessions and managed a caseload of clients. Facilitated and led six psycho-educational groups a week with Schizophrenic patients. Assessed and formed treatment plans for new clients. Monitored progress of clients and updated treatment plans accordingly.
- Psychosocial Rehabilitation Specialist** **2006 - 2007**
Step Forward Outpatient Clinic, San Diego, CA
Conducted weekly individual sessions and managed a caseload of 15 clients. Facilitated and led four Psycho-educational groups per week. Recruited new clients, assessed, formulated treatment plans, tracked progress, and planned for discharge. Conducted monthly lectures and orientation to the program. Created the "Cognitive Therapy Techniques" curriculum.
- Practicum Student** **2005 - 2006**
New Vista Crisis Center, San Diego, CA
Provided crisis intervention for severely mentally ill patients in crisis. Conducted individual sessions based on short-term acute rehabilitation therapy. Formulated and facilitated psycho-educational groups weekly. Administered, scored, and presented psychological testing.
- Social Tutor** **2000 - 2003**
Ausishkin Primary School, Tel Aviv, Israel
Worked full-time with a 13-year old young man with the Diagnosis of Asperger's in the class setting. Worked in collaboration with Ilan Dashuni, a Child Psychologist in Israel--Together

formed treatment plans and behavioral modifications for his clients. Worked with children who carry a PDD diagnosis in the home setting.

PUBLICATIONS

Shemer, H., and Kipper, D. A. (2006). The Revised Spontaneity Assessment Inventory (SAI-R): Spontaneity, Well-Being, and Stress. *Journal of Group Psychotherapy, Psychodrama, and Sociometry*, Vol. 59, (3), pp 127-136.

PROFESSIONAL PRESENTATIONS

Shemer, H., Stolberg, R., Poizner, J., & Lopilusa, J. (2010). Cross-cultural Equivalence of the MMPI-2-RF: A Preliminary Examination of an Israeli and an American Normal Sample. Poster presentation at the Society for Personality Assessment Annual Convention, San Jose, CA, March 25, 2010.

Lopilusa, J., Stolberg, R., Poizner, J., Erreca, K., & Shemer, H. (2010). An Examination of the MMPI-2-RF Disability Claimant Profile: Comparing Chronic Low Back Pain to Non-Chronic Low Back Pain Workers Comp. Poster presentation at the Society for Personality Assessment Annual Convention, San Jose, CA, March 25, 2010.