

bereaved parents, parent group for oncology families, “Mindfulness Moments” for staff and families, and staff debriefing after patients death. Support program for bereaved parents including monthly parent groups. Individual and group evidence based therapy with children, adolescents, adults, families, and peer consultations/coaching. Provide treatment using Cognitive Behavioral Therapy, Mindfulness skills, Existential Therapy and other evidenced based treatments. Psychological assessments of adjustment disorder and clinical assessment of mental disorder. Providing biofeedback, relaxation skills, and guided imagery to patients and families to improve their well-being. Supervising clinical psychologist graduate students and provide training in cognitive behavioral therapy and biofeedback. Ongoing program development for hematology/oncology unit to help parents and patients adjust to diagnosis (Surviving Cancer Competently Intervention Programs designed by CHOP).

PREVIOUS POSITIONS

Registered Psychologist

2006 - 2009

Rady Children’s Hospital San Diego –Oncology/Hematology Care Center

Provide psychological and integrative services to children diagnosed with cancer and their families. Facilitate coping with childhood cancer groups to parent and siblings, and provide bereavement counseling to families. Collaborate with medical doctors, psychologists, nurses, social workers, treatment coordinators, music and art therapists in treatment team meetings. Integrating psychotherapeutic theories and techniques, including Cognitive-Behavioral Therapy and Mindfulness to specifically address individual situations and symptoms. Therapy focus has been assisting individuals and families to build upon their strengths to improve their relational functioning within their home, school/occupation and social environments.

Registered Nurse

1991 - 1995

Wilhelms University Clinic, Muenster, Germany

Adult Oncology Unit, Adult Dermatology Unit

INTERNSHIP AND PRACTICUM EXPERIENCES

Clinical Internship

2004 – 2005

Rady’s Children Hospital – Oncology/Hematology

Provide psychological services to adolescents and children who have been diagnosed with cancer or a blood disease, as well as to the patients’ family. Modalities of treatment include psychological assessment, pain management individual short-and long-term therapy, family therapy, and play therapy both on inpatient and outpatient basis. Co-facilitate coping with childhood cancer groups for the sibling of the patient. Administer psychological assessments to evaluate psychological status of potential recipients and donors of kidney, liver and bone marrow transplants.

Clinical Internship

2003 – 2004

Bayview Mental Health System, San Diego, CA

Provided short-term individual therapy with adults, adolescents, and children with problems, including but not limited to chemical dependency, depression, bipolar, psychosis, eating

disorder, family issues and trauma. Facilitated process groups and psychoeducational groups on chemical dependency, anger management, and coping skills. Provided crisis intervention and milieu therapy to inpatients. Administered psychological test batteries and psychological assessments. Departmental representative for performance improvement committee and lead intern for the psychology department. Attended in-service trainings concerning assessment and treatment for severe mental illness.

Clinical Health Psychology Practicum **2002 – 2003**

Sharp Pain Rehabilitation Center, San Diego, CA

Conducted psychological evaluations and performed group and individual therapy with adult chronic pain patients. Therapies included: cognitive-coping, long-term therapy, cognitive skills, EMG, thermal, and cardiorespiratory biofeedback therapy, advanced biofeedback therapy, occupational management, and drug dependency management. Assisted in training of clerkship students. Presented patient psychological evaluations, current patient status and recommended patient treatment plan to pain program team.

Behavior Specialist **2001 – 2002**

Focus, Los Angeles, CA

Provided direct behavioral services to children age 3-11 with exceptional needs. Served as a therapeutic companion in the classroom and home setting by providing strategies through interactions with child in order to promote active participation. Interventions focused upon behavior, communication, socialization and self-help skills. Expanded on skills learned with Lovaas Institute in discrete trial treatment.

Psychology Intern **2000 – 2001**

Lovaas Institute, Psychology Department at UCLA

Acquired knowledge about behavioral theories and applied behavioral interventions to problems of retarded and autistic children. Worked with children on one to one sessions and performed discrete trial treatment which included introduction of new stimuli, documentation of child's responses, adjusting programs to the needs of the child, and generalizing behavior to other settings.

COMMITTEES

Special Events for End of life patients Committee	2009 - Present
Bereavement Committee	2009 - Present
Oncology Adolescents and Young Adult Committee	2008 - Present
Student Mentor - AIU	2002 – 2008
Mentor Coordinator - AIU	2006 – 2007
Graduate Student Senate Member – AIU	2002 – 2004

CREDENTIALS

2017 CPR Healthcare Provider Training
2015 Biofeedback Certification - AAPB
2015 Mindfulness Teacher Training
2011 Surviving Cancer Competently Intervention Programs
2008 Bereavement Certification - San Diego Hospice
2003 ABT Provider Training

VOLUNTEER EXPERIENCE

Angel Faces **2008 - 2015**
Volunteer for yearly retreat for children with severe burns and disfigurements.

SUPERVISORY EXPERIENCE

Clinical Supervisor **2011 - 2017**
Provided clinical supervision for 1-2 supervisee's during that time which included reviewing notes and provided feedback to supervisee's to develop and strengthen clinical skills, to maintain boundaries, and follow legal/ethical guidelines.